

**6<sup>th</sup> EMDR AUTUMN WORKSHOP CONFERENCE, YORK 2<sup>nd</sup> OCTOBER 2015**  
 Theme: "How to... with EMDR"

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| <b>Registration from<br/>8.15am<br/>Keynote Workshop<br/>9am-10.30am</b> | <p align="center"><b>Dr Angela Kennedy (NE Region)</b><br/>         How to harness the power of compassion during EMDR<br/>         Convenor: David Blore</p>  |   |   |  |
| <p align="center">Coffee</p>   |  |   |   |  |
| <b>Workshops<br/>11am-12md</b>   | <p align="center"><b>1</b><br/> <b>Ericka Johanson<br/>(NE Region)</b><br/>         How to Recognise and Manage<br/>         Vicarious Traumatization when<br/>         using EMDR<br/>         Convenor: Annette Morris</p> | <p align="center"><b>2</b><br/> <b>Irene Townley<br/>(Yorkshire Region)</b><br/>         Using EMDR confidently:<br/>         How to 'set sail' with EMDR<br/>         Convenor: David Blore</p>                                  | <p align="center"><b>3</b><br/> <b>Dr Mel Temple &amp;<br/>Fran Connolly<br/>(NE Region)</b><br/>         How to Maximise Treatment Effect:<br/>         using EMDR with Art Therapy<br/>         Convenor: Helen Macdonald</p> | <p align="center"><b>4</b><br/> <b>Emily Wood &amp;<br/>Lynne Ryan<br/>(Yorkshire Region)</b><br/>         How to use EMDR for long term<br/>         Depression<br/>         Convenor: Lynne Mackay</p> |
| <p align="center">Lunch</p>  |  |   |   |  |
| <b>Workshops<br/>1.30pm-2.30pm</b>                                       | <p align="center"><b>5</b><br/> <b>Dr Ruth Brand-Flu<br/>(Jersey, CAMHS)</b><br/>         Taller than the Ceiling: How to<br/>         treat autism with EMDR<br/>         Convenor: Annette Morris</p>                      | <p align="center"><b>6</b><br/> <b>Ann Swift<br/>(Yorkshire Region)</b><br/>         How to proceed with EMDR when<br/>         English is not the Client's First<br/>         Language<br/>         Convenor: David Blore</p>    | <p align="center"><b>7</b><br/> <b>Dr Maggie Allison<br/>(Yorkshire Region)</b><br/>         How to Combat Pain with EMDR<br/>         Convenor: Helen Macdonald</p>  | <p align="center"><b>8</b><br/> <b>Mark Brayne<br/>(East Anglia Region)</b><br/>         Beyond the Standard Protocol: Time to<br/>         redefine EMDR?<br/>         Convenor: Lynne Mackay</p>       |
| <p align="center">Tea</p>  |  |   |   |  |
| <b>Workshops<br/>3pm-4pm</b>   | <p align="center"><b>9</b><br/> <b>Zoe Marsden<br/>(Yorkshire Region)</b><br/>         How to treat OCD with EMDR:<br/>         The 'ECO' trial<br/>         Convenor: Annette Morris</p>                                    | <p align="center"><b>10</b><br/> <b>Ian Plagaro-Neill<br/>(NE Region)</b><br/>         How to use Resource-Focussed<br/>         EMDR with Ego State Therapy and<br/>         Drawn Images<br/>         Convenor: David Blore</p> | <p align="center"><b>11</b><br/> <b>Dr Kevin Meares<br/>(NE Region)</b><br/>         Confessions and Myths: how to use<br/>         EMDR and TF-CBT in practice<br/>         Convenor: Helen Macdonald</p>                      | <p align="center"><b>12</b><br/> <b>Matthew Cole<br/>(Yorkshire Region)</b><br/>         How to Treat Veterans with EMDR<br/>         Convenor: Lynne Mackay</p>   |